

THE BULLETIN

BROUGHAM STREET NURSERY SCHOOL



MESSAGES

Open: 28th February

Easter
Close: 8th April
Open: 25th April

World Book Day: 3rd March

Music Festival: 11th March

Red Nose Day: 18th March
Science Week: 11-20th March

Uniform is in stock in the office.
Polo shirts £6.50, jumpers £9

Keep up to date with news by regularly checking Tapestry and our Facebook page. Please 'like' and comment so we know you have seen posts.

IS THERE SUCH A THING AS A GRUFFALO?

As part of this project we retold the story in a variety of ways, such as using play doh to make the creatures, Gruffalo inspired yoga, and story spoons. We have watched for birds from a hide as part of the RSPB birdwatch, but we didn't see any owls!

We have met different creatures from the book including a stuffed fox, which belongs to Lorraine's mother. We have held real owls, who flew across the classroom and hooted very loudly! We have even held a real snake, and discovered that they aren't slimey at all!

We have used books to research different types of mega beast, and whilst there was nothing about the Gruffalo, there was a giant sloth which we thought could be about as tall as a Gruffalo.

We have been busy in the kitchen, inspired by the story we have made owl ice cream and Gruffalo crumble. The first was for sensory play, the second was a delicious, sensory treat!

We have even listened to the Gruffalo in Scots!

WHAT DO YOU THINK? IS THERE SUCH A THING AS A GRUFFALO?

THE PLACES WE GO & THE PEOPLE WE MEET

Thank you very much to Danielle Fox (Head of Department - Animal Studies, Craven College) who brought some special friends to visit nursery school. We met a python, a corn snake, a leopard gecko and a skink. We had to be quiet and handled them very gently. We thought that they would feel slimy but they didn't. It was an amazing experience!

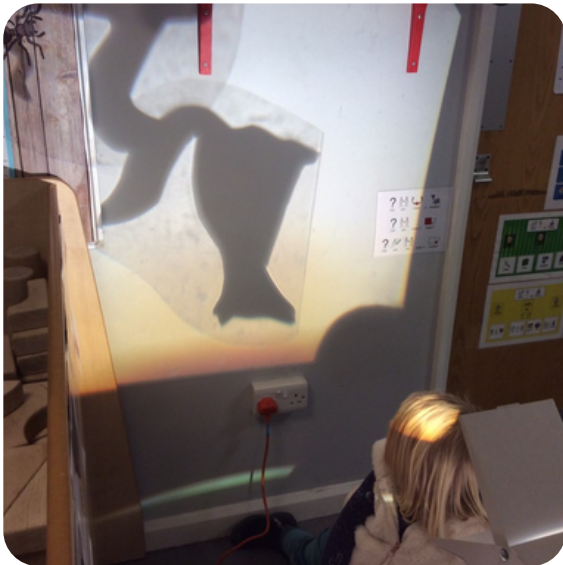


Thank you very much to Gordon Stewart for coming into nursery school to read us 'The Gruffalo' in Scots; linking our project 'Is there such a thing as a Gruffalo?' to celebrating Scotland's most famous poet Rabbin Burns, whose night it was yesterday. If you click on this link you will be able to listen to it yourself <https://fb.watch/aMP6trVkPU/>



Thank you to Wayne and Katrina Auty (Wise Owl) who brought some very special visitors into nursery school. Wayne and Katrina run 'Wise Owl Birds of Prey Rescue' (<https://www.wise-owl.co.uk/>) and are based in Huddersfield. All of their work contributes to bird of prey and owl rescue, rehabilitation & re-homing. We met six birds during the visit, including Pebbles the barn owl, Willow the Eurasian eagle owl and Poppy the tawny owl.

SOME OF OUR RECENT LEARNING



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OUR CURRENT LEARNING PROJECT

HOW CAN WE LIGHT UP THE WORLD?

We have lots planned:

- Taking part in Science Week (11-20 March)
- Colour monster inspired World Book Day (3 March)
- Skipton Music Festival (11 March)
- Morse code
- Glow in the dark mark making
- Electrical circuits
- Van Gough 'Starry Night' inspired art
- Representing the constellations
- Shadow tracing
- Colour light mixing
- Creating rainbows
- Sharing light based stories
- Linking to British values



Do you have something that would be a good addition to our project? Please get in touch through Tapestry or speak to a member of our staff team. We would love to hear your ideas.

READING TOGETHER

We read every day in nursery school and we hope that you read together every day at home too. At the end of this Bulletin you will find a bookshelf containing books linked to our topic 'Is there such a thing as a Gruffalo?'

We hope that you enjoy them. Remember that Skipton has a brilliant library, with lots of children's books which you can borrow for free! For more information click this link <https://www.northyorks.gov.uk/skipton-library>.



SELF REGULATION

Self-regulation is the ability to remain calm, cope with big emotions, adapt, and respond appropriately to our environment. It is something that we need to learn how to do, and the early years is the time when the key skills are learned. Self-regulation is important because it allows children to do well in school, with friends, and at home. It helps children feel good about what they can handle and it helps children feel good about themselves. Sometimes our big feelings overwhelm us and we find it difficult to communicate our needs. As adults we need to appreciate that we are at the beginning of learning how to manage these feelings and support them on their learning journey, there will certainly be some mistakes made along the way! (Adapted from Foothills Academy)

TEACHING KIDS SELF-REGULATION

Self-regulation is the ability to control behavioral and emotional responses. It's having the skill to calm yourself down when you get upset, to adjust to a change, and to handle frustration without outbursts. And it's a foundational developmental skill!

Teaching self-regulation takes practice and patience. Here are some simple ways to support your kids' self-regulation skills on a daily basis.

WY
Quality
Counts
.org

1	FRESH AIR		Provide opportunities for outdoor play to let the energy out. Increased heart rate = more blood flow to the brain = more brain power.
2	BUBBLES		Blowing bubbles is a kid-friendly way to practice deep breathing, because to blow them you need to breathe from the belly, at a regular tempo.
3	READ TOGETHER		Reading books about emotions is a great way to discuss all the feelings kids have.
4	LISTEN TO MUSIC		Calm music can help settle kids down. Making up simple, silly songs can also help children remember self-regulation strategies.
5	REST & NUTRITION		Lack of sleep, dehydration, or a hungry tummy can take a toll on anyone's social-emotional skills! Sometimes all a kid needs is a snack or a nap.

WE ALSO CELEBRATED CHINESE NEW YEAR

Did you know that the story of the Gruffalo may have its origins in Chinese folklore? The Intrigues of the Warring States, or the Zhàn Guó Cè (战国策) was published to the 5th to 3rd centuries BC and it includes the story "A fox exploits a tiger's might" 狐假虎威 (hú jiǎ hǔ wēi). If you look back over your Tapestry observations you will find the story there. As well as sharing this story we also did other activities to learn about Chinese New Year. We created giant calligraphy, using mops as brushes, we ate rambutans and lychees for snack, we burned incense in the garden, we made a lion puppet dance and we even dressed up as a Chinese dragon and danced through the classroom!



Skipton Music Festival

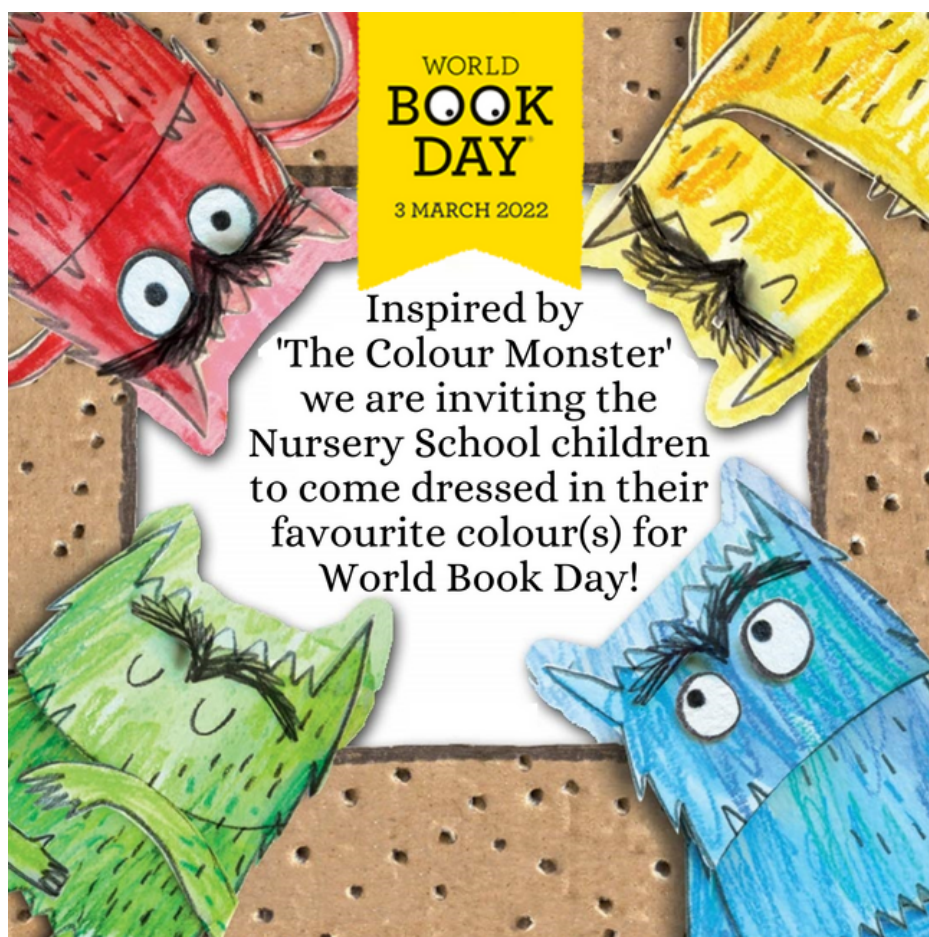
Nursery School children are taking part and parents, friends and family are welcome but we need to have confirmation of attendance first.



Friday, 11 March 2022
09:30am
(arrive 09.15am)

Christ Church, Skipton
Entrance fee is a donation

Please complete this form to help us organise the trip
<https://forms.office.com/r/2aYtV0yKuu>



GET TO KNOW OUR TEAM



My name is Afreen Altaf, I come from a rural village in Azad Jammu and Kashmir, Pakistan. I spent all of my childhood there until I came to the UK in 2007. In September of that year, I had my first job as a cleaner in a nursery. That's when I realised that in my life, I really wanted to work with children and make a positive difference in their lives.

For several years, I worked as a dinner lady, before going on to complete my qualifications in English (learning a whole new second language was hard!), maths and childcare. My previous job was as a Project Support Officer in a company where I was working with single and lone parents.

I am a mother to an eleven-year old son who has dual diagnosis of Autism and Attention Deficit Hyperactivity Disorder (ADHD), and whilst I recognise that every child is unique, I am able to apply what I have learned through my own experiences and find comfort in supporting others around me and seeing children developing and achieving. When I work with young children and individuals, I focus on their progress and I challenge myself to improve their general skills.

I have worked in a lot of places so far, but I have to say that Brougham Street Nursery is the best!

We love to hear from parents/guardians throughout the year and have an open door policy for you to contact us with any questions or concerns. Afreen, Alison, Amanda, Ann, Ayesha, Beccy, Bev, Fiona, Gene, Katie, Lorraine, Madiha, Pauline and Michael

Please don't throw me away

We are always busy creating and planning exciting projects. Please help us out by not throwing away any of these items. We would love any you may have. We just ask that you make sure that items are clean and free from residue. If you ever come across anything else at home or work that you think we might find useful, please pop us a message on Tapestry. We love to be resourceful and use as many natural or recyclable materials as possible. Thank you very much!

- Bottle tops
- Toilet of kitchen roll tubes
- Wrapping paper tubes
- Ribbon
- Scraps of material
- Interesting packaging
- Craft feathers
- Pom poms
- Pipe cleaners
- Foil tins
- Flowers (even the ones that are past their best – old bouquets are brilliant)
- Artificial foliage/plants
- Egg boxes
- Buttons



How can we light
up the world?

