VOL. 4 ISSUE 1 · AUTUMN 2022

# THE BULLETIN



Brougham Street Community Nursery School Official Newsletter

### **Autumn Days**

#### BY ALISON STEWART - CO-HEAD & FOREST SCHOOL LEADER

Autumn is an exciting time at Brougham Street Nursery School. It is a time when we welcome the largest group of new children, and it is the time when we begin a new year of 'forest school'. At Brougham Street Community Nursery School, we aim for all children in their preschool year to access at least two, three week blocks of 'forest school'.

Groups are small, with a maximum of eight children attending, accompanied by two adults. I qualified as a Forest School's Leader in in 2020 and plan our sessions around a different story each time. Sometimes our sessions are linked to the seasons, sometimes it is the class project, and sometimes it is linked to a particular child's interest. One of my favourite sessions was inspired by the story Handa's Surprise. I pretended that the animals from the story had stampeded through 'The Wilderness' and I had video evidence to prove it <u>https://youtu.be/-</u> <u>UYDbzweXn8</u> The aim for this session was to learn tracking skills, we used resources from the Woodland Trust too!



# **Important Dates**

School Reopens 31ST OCTOBER

Christmas Break 16TH DECEMBER (Holiday club and Childcare open until 23rd December)

> Full Setting Closure for Training 3RD JANUARY 2023

School Reopens 4TH JANUARY 2023



Remember to regularly check Tapestry, not only to see what we have been learning, but it is also our primary means of communication for sharing updates.



### Baby Room News

#### BY SORAYA ROBINSON - NURSERY ASSISTANT

Our focus for this month is physical development. We have been encouraging lots of walking, crawling and climbing.

We have enjoyed lots of messy play and body painting. And have been getting to know our new babies and new student Ruby who is with us Thursdays and Fridays.

We have also been celebrating Diwali, even dressing in some beautiful saris that Neeta kindly brought in for us. We have enjoyed dressing up and exploring the lovely colours and textures of the fabrics. Happy Diwali to those celebrating.









#### **Toddler Room News** by beth guest - nursery assistant

This term we are focusing on communication and language. We have a new book of the month which is 'The Tiger Who Came For Tea'. We will be doing activities related to the book and reading the book at each group time to encourage the children to start repeating some of the words back to us. We are working really hard with our makaton signs in the room especially at singing time. Ba ba black sheep and Twinkle Twinkle we have nearly mastered. Why not try and learn it at home? <u>https://youtu.be/I3P-w9qFqqg</u>





### Are Superheroes Real? Asks Nuresry School

#### BY BECCY ROBINSON - CLASS TEACHER

This term's project in nursery school is "are superheroes real?" What an exciting start to the term we have had. Our children have been learning lots already, both inside and outside!

Our outdoor learning has included a supehero fitness centre. The children have been busy exercising to make them fit and strong like superheroes – running like Dash, jumping like Spiderman, twisting our arms like Owlette, doing crab walks to be upside down like Batman....

The children have been exploring the question "how can you make the superhero fly?" Using a picture of a superhero, a straw and a piece of string, the children have been running in the wind using them as kites; observing the force of gravity as they worked together to tilt the string to make the superhero fly down the string to their friends, and many other ways.

Indoors the children have been super busy too. Painting boxes of various different sizes, the children have created their very own superhero city which they can build in many different ways, using it as a basis for imaginative role play with superhero figures. On a smaller scale, the children have been creating their own city scapes using wooden blocks. Lego blocks have also been used in STEM (Science, technology, engineering and maths) challenges to create buildings the same size as a superhero.

We have been linking our Code of Behaviour into our project too, and found that we can be kind and helpful which are our own superpowers! Keeping ourselves safe and others is something superheroes do. We are learning many new ways to do this too. Stories such as "Superbat", "Superheroes don't get scared…or do they?", and "There's a superhero in my book" have helped us learn the core values of being a superhero.

Of course we have been learning some new songs, such as Five little Firemen, London's Burning , and Singing with Susan time is going to teach us some new songs in makaton – can I help you, and give a little smile to help us learn about kindness and helping people.

We have much more planned too... meeting real life superheroes such as police officers, fire fighters, and visits to the food bank. We have already had a visit from a real life superpet – a therapy dog called Mabel. Rosie the guide dog has visited us too!







# THE PLACES WE GO& THE PEOPLE WE MEET

We are a community nursery school!



## Anna McQuade with her dog Mabel.

Mabel is an extra special dog, she is a therapy dog, a canine superhero if you will. Typically found at Skipton Girls High School, she took time out of her busy schedule to visit the children in nursery school. Instagram account @mabels.tails

## PC Paul and PCSO Gillian

They visited us and to help us understand that superheroes can be real. They let us all sit in their police car and talked to us about some of the ways they keep us safe and help us.





## Jackie and Rosie the guide dog

Rosie the guide dog with her owner Jackie, who is partially sighted. Jackie told us all about how Rosie helps her, she told us how Rosie helps her cross the roads safely and to find the coffee shop and even show her the way to the toilets in the shops.

# THE PLACES WE GO& THE PEOPLE WE MEET

We are a community nursery school!



# Visiting the Food Bank

we visited the food bank in St Andrews church on Newmarket Street we were met by two lovely ladies called Alison and Emma. It was a very successful trip to make children aware that not all families have enough money to buy food and we can all be hero's by helping them.

Joel Howard-Birt at the Trinity Community Allotment

We love to visit Joel Howard-Birt at the Skipton Trinity Community Allotment. He has welcomed five groups of children over the year which is amazing! Thank you Joel!





# Incredible Edible

We love going for walks and collecting natural resources to use as 'loose parts' within our continuous play provision. On this particular walk some of the toddlers went to get some leaves and sticks to add to their autumnal tray. They also picked some veg from the 'incredible edible Skipton' and got to play in the park!

# MEET THE TEAM



### Nikki Ingham Baby Room Leader

Hi I'm Nikki, I have worked at Brougham street for 12 years and in childcare for 20 years. I have 2 children of my own, Poppy, 5 who has just started school and Daisy, 2 and who is a member of the discoverers room. I enjoy days out with my family and watching strictly on a Saturday

#### Susan Watkiss

Sue joined us as a grandparent a few years ago and quickly volunteered to lead our fantastic weekly 'Singing with Susan' sessions in nursery school. She is an accomplished professional musician living in Skipton. Having taught piano, keyboard and organ for many years.





## Fiona Cox

We will shortly be saying goodbye to Fiona as she will be starting her maternity leave in November. Fiona joined us a parent, then became a volunteer and then joined us as a member of our staff team. We wish her all the best and look forward to welcoming her back with her baby soon.

# **USEFUL INFORMATION**



# Big Little Moments

Babies and toddlers are growing and learning every day and the little moments you share make a big difference. Better Start Bradford has shared a great series of films to help you to support your child's development of the skills they need to become into healthy, bright adults. <u>https://www.betterstartbradford.org.uk/campaigns/biglittlemoments</u>

#### Ditch the Dummy

Dummies are designed to be used to pacify children when they're upset. Ideally their use should be stopped before they turn 1yr old. This is because they can cause speech impediments, digestive issues and can make teeth crooked. Cut off the tip of the pacifier or snip a hole in it so the pacifier no longer provides suction. Give your child the pacifier as usual – sucking on it won't be effective, so your child won't like it as much and will eventually stop using it.

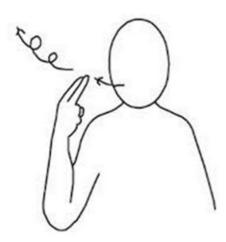




# Join the library

We love to read and share stories. Did you know that the team at Skipton library has achieved autism friendly status to make the library more welcoming and easier to use for people with autism and their families? Our local library is easy to join too, just click this link <u>https://www.northyorks.gov.uk/how-joinlibrary</u>

# **USEFUL INFORMATION**



# Favourite Makaton Signs

Across our whole setting we follow a 'total communication approach'. This includes the use of Makaton, picture communication and 'talk as we do'.

'Sing' is a sign we use every single day. Can you do it?

sing

#### Applying for a Reception Place

All parents who have a preschool (N2) age child should have received a letter about how to apply for a Reception place.

All of the information needed to apply electronically is available at: <u>www.northyorks.gov.uk/admissions</u>





https://www.youtube.com/watch?v=Igv6pXDyvmE&t=19s

#### Do you know how many words a 2 year old should know?

SALT by the Sea is a YouTube channel hosted by Bryony Rust who is a qualified speech and language therapist. Her videos are easy to watch and understand and give tips to support the language development of all children, babies, toddlers, preschoolers and beyond. She also shares information on how to support language development for children with ASD.

### MAKING THE MOST OUT OF SPEECH & LANGUAGE APPOINTMENTS (Originally shared by the Speech and Language Academy)



With Speech and Language Therapy waiting lists getting longer and with the services on offer becoming more limited, it's really important to get the most out of your appointment with your child's Speech and Language Therapist.

It's so important to not let your appointment go as the wait for another one may be long or your child may be discharged for not attending. If you can't make the date/time try and rearrange it.

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- Take your child's favourite toy with you so they have something familiar to play with as this will help them feel confident to engage with the therapist.
- If you can video your child and how they communicate this can be really helpful for the therapist to watch especially as they may not get to see them at home/nursery/school.
- If you have lots of thoughts, concerns, examples and questions in your mind, try writing them down and bringing notes to the appointment, the therapist will find this helpful and you won't forget to mention something important.
- Ask your therapist to provide you with advice, activities and games you can do at home to support your child's development whilst they are on the waiting list for further support.
- When in the appointment, try not to help your child if they are struggling with a task as the therapist needs a true picture of their skills. Instead, join the therapist in giving your child lots of praise for their efforts and participation so they feel successful and confident.
- Try to make the session as fun as possible, join in with the play activities and help your child feel relaxed. They are more likely to be happy to come back if it was a relaxed and positive experience for them.